

CDG Extracurricular Sports Calendar 2025-2026

Hope everyone has had a great summer and looking forward to the new year approaching. Below is a list of all the extracurricular sports we hope to offer throughout the year. *(Teams are dependent on availability of coaches, as well as interest.)*

Students should pay attention to announcements to attend information meetings and check the announcement board outside the office to see if they missed them.

| Sport | Grade | Season |
|-----------------|-------|---------------------------------|
| Cross Country | 6-8 | September - October |
| Volleyball | 6-8 | September – Early November |
| Basketball | 8 | Late October – Early March |
| Basketball | 7 | December – March (Spring Break) |
| Basketball | 6 | Early March-Early May |
| Track and Field | 6-8 | April-June |
| Rugby/Soccer | 7-8 | Late February- May |
| Badminton | 6-8 | June |

For information or questions please contact colleen.sullivan@abbyschools.ca.