

Blueberry Orange Yogurt Muffins

Ingredients:

2 ½ c. flour
¾ c. sugar
2 tsp. baking powder
1 tsp. baking soda
½ tsp. salt
½ c. (¼ lb.) butter
1 cup orange or vanilla yogurt
2 eggs
grated rind of ½ an orange
orange juice concentrate
1 ¼ c. blueberries (fresh or frozen)

Directions:

- 1 Mix dry ingredients and cut in butter.
- 2 In 2 cup measuring cup, put yogurt, rind and eggs. Beat together with a spoon.
- 3 Top to the 2 cup mark with thawed, frozen orange juice concentrate.
- 4 Make “well” with dry ingredients and add wet ingredients. 5 Stir together till all is moistened.
- 5 Stir in blueberries.
- 6 Line muffin tin with cupcake paper.
- 7 Bake at 400 for 20 minutes.

Enjoy!