

CHEESIE TUNA TOASTIES

(serves 1)

INGREDIENTS AND QUANTITIES:

1 slice of bread
2–3 tbsp. tuna mix (1 can of tuna and 2 tbsp. mayonnaise)
1 cheddar cheese slice
1–2 slices tomato (optional)
slice of dill pickle (optional)

EQUIPMENT & UTENSILS:

Toaster
Broiler pan
Tablespoon
Serrated knife
Cutting board
Serving plate
Fork and knife

PROCEDURE:

1. Preheat oven to broil.
2. Toast slice of bread lightly. Do not butter.
3. Spread toast evenly with a mixture of tuna and mayonnaise.
4. Cover tuna with a slice of cheddar cheese. ***
5. Place toast on broiler pan. (Arrange 4 toasts to a pan)
6. Broil 3–5 minutes until cheese melts.
7. Put toast on serving plate and cover with a slice or two of tomato, if you wish. Garnish with a slice of dill pickle. Great Saturday lunch recipe!
8. ***Variation: After toasting bread, place sliced cheddar cheese on top and broil as you did for step #6. Put toast on serving plate and cover with 2–3 tablespoons of salsa. OLE!