

FUNKY MONKEY (CHOCOLATE BANANA MILKSHAKE)

(serves 2)

INGREDIENTS AND QUANTITIES:

2 large scoops vanilla ice cream

1-2 Tbsp. Chocolate sauce

1/2 banana cut into small chunks

1 cup milk

**1/2 tsp. Vanilla extract (use only if making a vanilla shake)

EQUIPEMENT & UTENSILS:

Ice cream scoop

Paring knife

Chopping board

2 tall glasses

2 straws

Measuring spoons and cups

Electric blender

PROCEDURE:

1. Peel and chop banana into small chunks.
2. Set up blender. Into blender jar pour the milk, and then add the chocolate sauce, bananas and finally the ice cream.
3. Blend on medium speed until smooth and frothy.
4. Pour evenly into the 2 glasses. Serve with a straw.