

FRENCH TOAST

(makes 3 servings)

INGREDIENTS AND QUANTITIES:

1 egg
1/4 tsp. vanilla
3 tbsp. Milk
1 tbsp. Margarine
3 slices of bread

EQUIPEMENT & UTENSILS:

Pie pan and bowl
Fork
Large frying pan
Spatula

PROCEDURE:

1. Put first three ingredients into a bowl and mix with a fork.
2. Pour this mixture into pie pan.
3. Put the margarine into a frying pan and place the frying pan on the stove element.
4. Turn the element on to medium heat.
5. When the margarine has melted, use a fork to pick up the bread and **quickly** dip the bread into the pie pan. **Lightly** wet both sides of the bread.
6. Put the bread on the frying pan with the fork. Fry until brown on bottom, then flip. Brown the other side.
7. Remove to a plate and cover with your favorite topping.

